

EUROPEAN HEALTH INSURANCE CARD (EHIC)

When you travel from Portugal to visit another EU country, Iceland, Liechtenstein, Norway or Switzerland, you can use an EHIC to access state-provided healthcare in that country.

During a short stay, your EHIC covers treatment that is medically necessary until your planned return home.

The EHIC is not a replacement for comprehensive travel insurance. If you are travelling, follow the travel advice on GOV.UK and the advice from the country's authorities.

You should apply for a Portuguese-issued European Health Insurance Card (EHIC) for visits outside Portugal if you are:

- Registered with Portuguese Social Security and have a NISS (Nº de Segurança Social);
- Resident in Portugal, with a healthcare user's number (Nº de Utente de Saúde) and do not have healthcare cover from the UK or another Member State (for example if you are not entitled to an S1).



If you are a UK S1 holder, you are entitled to a UK-issued EHIC. You can use your EHIC when travelling in the EU, Iceland, Liechtenstein, Norway and Switzerland. Do not use your EHIC to access healthcare in Portugal if you are a resident here.

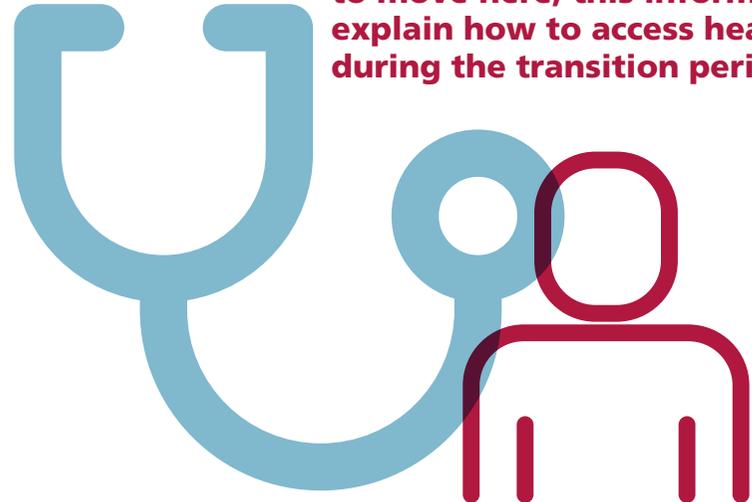
Your Portuguese or UK EHIC will continue to be valid in the EU, Iceland, Liechtenstein, Norway and Switzerland, including in the UK, during the transition period.



USING NHS SERVICES WHEN VISITING THE UK

If you are a UK S1 holder, you are entitled to use NHS services for free when visiting England, Scotland and Wales.

If you are resident in Portugal and do not hold an S1, you can use your EU issued EHIC in the UK during the transition period. You should take out appropriate travel insurance when visiting the UK, as you would when visiting any other country.



British Embassy
Lisbon

HEALTHCARE FOR UK NATIONALS LIVING IN PORTUGAL

If you are a UK national resident in Portugal, or you are planning to move here, this information will explain how to access healthcare during the transition period.

HEALTHCARE IN PORTUGAL

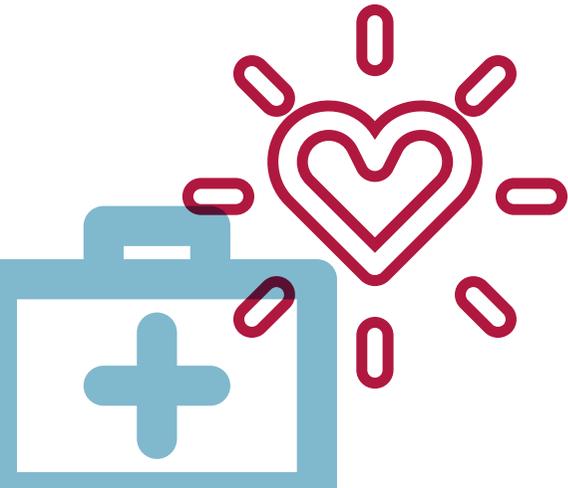
Portugal has a residence-based healthcare system.

This means that if you are legally resident in Portugal, you are entitled to state healthcare on the same basis as a Portuguese citizen.

If you are visiting Portugal and you become ill or have an accident, you will be able to access state healthcare. If you have a European Health Insurance Card (EHIC), you will be treated free-of-charge or at a reduced cost.

If you have private health or travel insurance, check whether your policy covers the treatment you need. If you do not have an EHIC or insurance, you may have to pay for any medical care you receive.

UK-issued EHICs will continue to be accepted in Portugal during the transition period.



REGISTER FOR HEALTHCARE

If you are resident in Portugal (i.e. have a residence permit), you have the right to register for state-healthcare.

1. Go to your local healthcare centre (Centro de Saúde) to register.
2. Take your valid passport and residence permit.
3. You will be issued with a Health No (Nº de Utente de Saúde). This will be your ID number to access any state-healthcare services in Portugal.
4. You don't need a Social Security number to register for healthcare.
5. Do not register for or try to access healthcare using your European Health Insurance Card (EHIC) unless you are a student or a posted worker.

S1

If you receive a UK state pension, or an exportable benefit from the UK or are a posted worker, the UK is responsible for your healthcare.

You have the same access as any other resident in Portugal, but you should register for healthcare using Form S1.

1. Ask the Overseas Healthcare Team (0044 191 218 1999) for an S1 form
2. Register your S1 form at a Portuguese Social Security District Centre. Make sure you keep a copy of the S1 to show the health centre when you register.

More information available at:

GOV.UK Living in Portugal

GOV.UK Healthcare in Portugal

Get Healthcare on **acss.min-saude.pt**



Contact the British Embassy's dedicated healthcare team on:

healthcare.portugal@fco.gov.uk

IN A MEDICAL EMERGENCY CALL:

112



BritsinPortugal @UKinPortugal
SNS.gov.pt @SNS_pt




Department
of Health &
Social Care


ACSS
ADMINISTRAÇÃO CENTRAL
DO SISTEMA DE SAÚDE, IP

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